### Mass Times



# Ennis Parish News

Confessions in Cathedral Saturday After 11am Mass and after 6.30pm Mass St Joseph's Saturday After 10.30am Mass Parish Office open Mon to Fri 9.30-1pm & 2-5pm Sat 10.30-12noon Sundays: Cathedral:-Sat. Vigil: 6.30pm; Sunday: 9.30am & 11.30am St. Joseph's:- Sat. Vigil: 7pm; Sunday:10am, 11.45am Cloughleigh Church: 8.00am, 11am Friary:- Sat. Vigil: 7.30pm; Sunday: 10.30am, 12.00 noon Poor Clare Monastery:- 7.45 a.m. Weekdays: Cathedral: Mon. - Fri: 7.40am; 11am & 7.30pm; 11am on Saturday St. Joseph's:- Monday - Saturday: 10.30am Cloughleigh Church:- Monday - Friday: 9.30am Friary:- Daily: 10am & 1.05pm; 10am on Saturday Poor Clare Monastery:- Daily at 7.45 am; Daily Exposition of The Blessed Sacrament from 4-6pm in the Chapel. Phone Numbers: Cathedral: - 6824043; Email: info@ennisparish.com St. Joseph's:- 6822166; Cloughleigh: 6797489; Friary: 6828751 Ennis Parish Web Site: http://www.ennisparish.com Facebook: http://www.facebook.com/ennis.parish

Seventh Sunday in Ordinary Time (Year A) 23rd February, 2020

### A Blessing for the Lenten Season

#### May God bless you with-

discontent with easy answers, half-truths, superficial relationships, so that you will live from deep within your heart.

#### May God bless you with-

anger at injustice, oppression, abuse, and exploitation of people, so that you will work for justice, equality, and peace.

#### May God bless you with-

tears to shed for those who suffer from pain, rejection, starvation and war, so that you will reach out your hand to comfort them and to change their pain to joy.

#### May God bless you with-

the foolishness to think you can make a difference in this world, so that you will do the things which others tell you cannot be done. If you have the courage to accept these blessings, then God will also bless you with-

*Happiness:* because you will know that you have made life better for others.

*Inner peace:* because you will have worked to secure an outer peace for others.

Laughter: because your heart will be light.

*Faithful friends:* because they will recognise your worth as a person.

These blessings are yours – not for the asking but for the givingfrom One who wants to be your companion, our God, who lives and reigns, forever and ever. Amen.



(Sr Roth Fox OSB)

Fáilte-Bienvenue-Willkomen-Benvenuto-Bienvenido-Witajcie-Benvindo-Welkom-Velkomin-Viteite-Karibu-Croeso-Valkommen-Tervetuloa-Welcome

#### Cathedral

Remembered in Masses this Week: 6.30pm: Christy Shannon, Hermitage. Francis Lyons & Jacinta Flynn, Ennis & Dublin. Margaret Grahan, Prague, Cusack Rd. Sun 23rd: 9.30am: Michael McMullin, Killarney. Johnny & Seamus Purcell, Ard na Gréine. 11.30am: Donor's Intentions. Michael Griffin, Woodlawn, Lahinch Rd. Jim O'Halloran, Dalcassian Ave. Mon: 7.40am: Eileen Dunne, Clare Rd. 11am: Special Intention. 7.30pm: Tom Flynn, Golf Links' Rd. Tues:7.40am Book of Intentions. 11am: Holy Souls. 7.30pm: Jane Gallagher. Tom Tuttle, Castlelawn, Tulla Rd. Wed:7.40am: Frances & Joseph Molony, O'Connell St. 11am: T.J. & Theresa Kenny, Corofin. Luois Preston, St. Senan's Rd. 7.30pm: Mary Pigott, Connolly Villas. Marion Sheill nee Casey, Friar's Close. 1st Anniv Thurs: 7.40am: Donor's Intention. 11am: Sheila & Tom Coote, St. Michael's Villas. 7.30pm: Martin & Brid Moloney, Clare Rd. Fri:7.40am Mass for the People. 11am: Special Intention. 7.30pm: Frank Lillis, Beechpark. MM Sat:11am: Special Intention. 6.30pm: Jimmy Burke, Clarecastle. MM Patrick Hurson, Summerhill. Michael Kelly, Beechpark. Sun 1st: 9.30am: Con & Nuala Rvan, St. Michael's VIs. 11.30am: Pat & Rita Coulter, Dublin; Terry O'Donovan, Dublin; Jennings Family, Co. Dublin. Simon O'Donnell, Kilrush Rd. James Burke, Park Ave. Fr. Francis Meehan, Summerhill.

#### **Roster for Cathedral:**

Sunday 1st March, 2020 Readers: Group 4 Eucharistic Ministers Weekday: Group 1 Eucharistic Ministers Sunday: Group 3

Cloughleigh Remembered in Masses this Week: Sun 23rd 11am: Garry Murphy, Considine Rd. Edward & Mary Hayes, Hermitage. Lucille Hayes, Pearse Ave & Bridge Court. Tue 9.30am: Book of Intentions. 7pm: Ceremony of Light. Fri 9.30am: James & Mary McNamara, Crusheen.

**Cathedral Renovation & Painting Appeal** In the past week Fr. Tom wishes to acknowledge the following donation of: €50. We thank the many people who have made once off contributions to this appeal. All contributions for this work are very much appreciated.

**Ennis Parish Development Fund for Sunday** 16th February, €7,024.00

#### Hospital & Sick Calls

1st March, 2020 Priest on Duty: Fr. Tom Rvan Please call: 065 6869098

**Newly Baptised** We welcome into the Christian Community through the Sacrament of Baptism: Luke Thomas Ryan Jayden Lee David Mounsey Toomev

**Creation Spirituality Workshop:** Feb 29th in the Clare 250 Cancer Centre. Workshop entitled: Seeking hope in dark times 1: Being present. The focus will be on exploring together the challenges that climate change and biodiversity loss present to each of us personally while sowing the seeds of an active hope. Workshops facilitated by Oonagh Roantree, Toni Ryan and Peadar Kirby from Cloughjordan Ecovillage. Cost: €30 payable on the day. (lunch included). Booking: Fr Ger Fitzgerald: fitz.ger@gmail.com PeadarKirby: peadar.kirby@gmail.com Parish Office 065 6824043

The Annual Matt Talbot Novena will begin on Ash Wednesday, 26th Feb at 7pm in Tulla Church with Mass and Benediction. Bishop Fintan Monahan will open the Novena. This will be the 19th Novena in Tulla. Attending this Novena could be your Lenten resolution.

The Irish Red Cross Clare will hold their annual Fun table quiz in Saturday 29th Feb, 9.15pm in the Grove Bar & Restaurant in aid of our Community Transport . Supporting the people of Co. Clare. Table of 4 €40.00 - spot prizes - Raffle

Ennis Tidy Towns' Biodiversity Talk - Wild Plants and Foraging. Oonagh O'Dwyer of Wild Kitchen will be our guest speaker on Monday, March 2nd, at 7pm in Waterpark House. Admission is free. All are welcome.

#### St. Josephle

Mass intentions for scheduled Masses in St. Joseph's Church should be booked through the Parish Office. For all other events call Fr John 0656822166.

Remembered in Masses this Week: Sat 7pm: Tony Strand, Shannon Pk. Sun 23rd 10am: Michael Duggan, Claureen. 1st Anniv

11.45: Brendan Armstrong, Mountain View. Anna Casey, Marian Avenue.

Tues 10.30am: Decd Mc Cormack family, Tulla Rd. Wed 10.30am: Mary Meehan, Cappa, Kilrush. 7pm: Susan Cosgrove nee Keane, Fernhill. MM Thu 10.30am: John, Rita & John Jnr Mulkerrins, Marian Ave.

Fri 10.30am: Kathleen Reilly nee Walsh, Corrovorrin Crescent. Sat 7pm: Pat O'Brien, Shannon Pk.

Sun 1st 10am: Monica Sweeney nee Howard, Shannon Pk. 1st Anniv 11.45: Mary Curtin, Willow Pk.

Next Mass in the extraordinary form (the Tridentine or 'Latin' rite) takes place Sunday 1st March; 5.30pm; St. Joseph's Church. All are welcome.



#### Rest in Peace

George Mba-Ileozor, brother of Benji Mba-Ileozor of Awo-Omamma, Nigeria, Francie Mangan, Corrovorrin Grove, James (Jimmy) Coughlan, Lahinch & formerly of Turnpike Road, Fr. P.J. Melican, Lissycasey, brother of Martin, Springfield, Martin Healy, Bullann, Loughrea, brother of Eamonn, Tobartaoscain.

> Those we love don't go away, they walk beside us every day. Unseen, unheard, but always near;

#### "Hold fast to love and justice" (Hosea 12;6)



Trócaire's Lenten campaign for 2020 highlights the different ways in which mothers are protecting their families, from the effects of

climate change and from the actions of corporations. Lent 2020 asks people in Ireland to show their love by supporting people in the world's poorest countries. This year, we hear the stories of two families, living in Honduras and Kenya. Each story shows us how women around the world are overcoming great obstacles to protect their families.

Please collect your Trócaire Box in the Church and help make the world a better place.

Parking Restrictions in Cathedral Grounds.

With demolition work on the Old Scout Hall starting this Monday, parking will be restricted in the lower carpark of the Cathedral to allow for safe access of machinery to the site. We ask for your understanding and support at this time.

# LENT 2020



Lent begins on Ash Wednesday, 26th February Our Parish Lenten theme this year is "Lord,

teach us to pray"

Lent is a time when we can stop and look at our lives and our relationship with Jesus. It is a time when we are called to make sacrifices—to deny ourselves so that we can realise that we need God in every part of our lives. We would love if you joined us in the pilgrimage through Lent.

**OUR PRAYER / FASTING / ALMSGIVING** (PFA) programme continues this Lent. If you want a real purpose-driven Lent, the Prayer / Fasting / Almsgiving Programme is made for you.

- Prayer—commit to a daily prayer.
- Fast—commit to eating three meals per day.
- Almsgiving—commit to donating to Trócaire.

Every day you will help yourself, help others and help your relationship with God. This programme involves making sacrifices but there is no doubt that the benefits we will receive at Easter will be immense.

#### Be brave, embrace Lent. Morning Prayer:

7.20am—Cathedral

9.30am—Friary

#### Stations of the Cross

After 10am Mass , Wed & Fri in the Friary. Before 11am Mass in the Cathedral each Friday. 6pm each Friday in Polish, Cathedral.

Late nights on Monday Night: For the six Mondays of Lent beginning on Monday 2nd March the Cathedral will be open until 10pm. From 8pm-10pm Exposition of the Blessed Sacrament will take place in the Cathedral concluding with night prayer at 9.50pm. During these two hours a Priest will be available for Confessions, a chat and blessing.

#### Lenten Talks



This year for Lent we invite you each Thursday night from 8.15pm to 9.30pm in the Maria Assumpta Hall in the Parish Centre to spend time learning new ways of praying. In response to our Parish Lenten theme "Lord teach us to Pray",

Thursday next 27th February, Bishop Fintan Monahan will lead us in the Devotional Prayer of St. John Henry Newman.

Bingo Great prizes; Jackpot: €1,500; In Community Centre Sunday from 8pm.



This Wednesday 26th February is a day of fast and abstinence. Ashes will be blessed and distributed at the following Masses:



7.40am	Cathedral
7.45am	Poor Clare Monastery
8.00am	St. Joseph's
9.30am	Cloughleigh
10.00am	Friary
10.30am	St. Joseph's
11.00am	Cathedral
1.05pm	Friary
6.00pm	Polish Mass, Cathedral
7.00pm	St. Joseph's
7.30pm	Cathedral

**Gaeilge**—During the month of March, we are embracing the Irish Language in our liturgies. This week, we publish the Our Father in Irish and the greeting.

"The Lord be with you" "Go raibh an Tiarna libh" "And with your spirit" "Agus le do spiorad féin" An Phaidir (Our Father) Ár nAthair atá ar neamh, go naofar d'ainm, go dtaga do ríocht, go ndéantar do thoil ar an talamh mar a dhéantar ar neamh. Ár n-arán laethúil tabhair dúinn inniu agus maith dúinn ár bhfiacha mar a mhaithimidne dár bhféichiúna féin agus ná lig sinn i gcathú, ach sar sinn ó olc. Amen.

#### Ennis Parish Faith FriendsЦ Confirmation Programme

Faith Friends is a parish based faith programme with transition year students from St. Flannan's & Rice Colleges.

26 transition year students have volunteered, and will be trained to work with Holy Family and Ennis National Students over the next 3 weeks in the Parish Centre.

Ennis National: Tuesdays 25th Feb, 3rd March, 10th March 7-8pm

Holy Family: Thursdays 27th Feb, 5th March, 12th March 7-8pm

Thanks to the many parish volunteers who give of their time training and organising this programme and to the Ennis National & Holy Family School staff and parents for encouraging the participation of their students and parents.

Fundraiser Party Night in aid of Kidney Research in memory of Seán Hickey. Feb 29th 9.30pm Woodstock hotel. €5 entry fee at the door.



#### Domhnach na Measarthachta

Tá an Domhnach seo tiomnaithe don mheasarthacht. Is suáilce í gur féidir linn a chleachtadh i ngach gné dár saol. Is eol dúinn go bhfuil fadhb an óil agus fadhb na ndrugaí ag cur isteach go mór ar theaghlaigh. Is mór an brón agus briseadh croí a bhíonn le fulaingt dá bhrí sin.

Tá plaic crochta ar an mballa in a lán de na hionaid a chuireann cóir ar andúiligh agus scríofa air tá: 'Is tusa amháin atá in ann é a dhéanamh ach ní féidir leat é a dhéanamh i d'aonar'. Cuireann sé i gcuimhne dúinn freisin go gcaithfimid cúnamh a iarraidh ar Dhia agus ar a chéile má táimid ag lorg lámh cúnta. Is féidir cabhair a fháil ó A.A nó ó lonad Leighis nó ó Chomhairleoir Sláinte.

Beidh Céadaoin an Luaithrigh ar an 26 Feabhra. Is tús tréimhse an Charghais é, an daichead lá roimh an Cháisc. Iarrtar orainn cúl a thabhairt don pheaca agus grá a léiriú do Dhia agus do dhaoine eile. Cuireann an luaithreach ar ár néadan i gcuimhne dúinn mortlaíocht dhaonna. Tá an cleachtadh seo coitianta i measc, Anglacánaigh, Liútaraigh, Meitidistigh agus Preispitéirigh.

Is féidir machnamh a dhéanamh ar an bpaidir seo a leanas ón Traidisiún:

A Íosa, glan mo chroíse

Go gléghlan gach lá,

A Íosa, cuir m'intinn faoi léirsmacht do ghrá. Déan mo smaointe go fíorghlan agus briathra mo bhéil,

Is a Thiarna, 'Dhia dhílis, stiúir choíche mo shaol.

This Sunday is dedicated to Temperance. It is a virtue which we ought to practise in our lives. We know that drink and drug abuse cause pain and suffering for many families .Many addiction treatment centres have a plaque hanging on the wall which states: "You alone can do it but you cannot do it on your own" This reminds us that we must ask help from God and from each other in times of trouble. Help is available from A.A. Treatment Centres and Addiction Specialists.

Ash Wednesday will be celebrated on Wednesday next 26th February. It is the beginning of the Lenten Season, the forty days before Easter. We are invited to turn away from sin and love God and our neighbour. The ashes on our foreheads remind us of our mortality. Ash Wednesday is observed by many Western Christians among them Anglicans, Lutherans, Methodists and Presbyterians. Let us reflect on the following prayer from Tradition:

Jesus, cleanse my heart each day and make it spotless, Jesus, rule my mind by the power of your love. Make truly clean my thoughts and the words I utter, and, dear Lord God, direct my life now and forever.

Cloughleigh Comhaltas and Woodstock Set Dancers will host a Table Quiz in aid of the Clare Crusaders' Clinic at Woodstock Hotel on Thursday 27th February at 8pm. Table of 4 €20. All support greatly appreciated.

## avle Scripture Readings

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Entrance Antiphon	My soul, give thanks to the Lord and never forget all his blessings.
O Lord, I trust in your merciful love.	and never forget all his blessings.

It is he who forgives all your quilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion. R.

The Lord is compassion and love, slow to anger and rich in mercy. He does not treat us according to our sins nor repay us according to our faults. R.

As far as the east is from the west so far does he remove our sins. As a father has compassion on his sons the Lord has pity on those who fear him. R

#### A reading from first letter of St. Paul to the Corinthians 1Cor 3:16-23

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him, because the temple of God is sacred; and you are that temple.

Make no mistake about it; if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he really can be wise. Why? Because the wisdom of this world is foolishness to God. As scripture says: The Lord knows wise men's thoughts: he knows how useless they are, or again: God is not convinced by the arguments of the wise. So there is nothing to boast about in anything human: Paul, Apollos, Cephas, the world, life and death, the present and the future, are all your servants; but you belong to Christ and Christ belongs to God.

The Word of the Lord

#### Alleluia, Alleluia!

If anyone loves me he will keep my word, and my father will love him, and we shall come to him. Alleluia!

A reading from the holy Gospel according to Matthew Mt 5:38-48 Jesus said to his disciples: 'You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to

borrow, do not turn away.

R.

'You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect as your heavenly Father is perfect.'

#### The Gospel of the Lord

#### **PROFESSION OF FAITH**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day In accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

#### **Communion Antiphon**

I will recount all your wonders, I will rejoice in you and be glad, And sing psalms to your name, O Most High.

#### everlasting life.

C. Amen

bountiful with me.

#### D.

Ρ.

C.

Ρ.

C.

Ρ.

#### GLORIA

May almighty God have mercy on us,

forgive us our sins, and bring us to

My heart will rejoice in your salvation.

PENITENTIAL RITE

For we have sinned against you.

I will sing to the Lord who has been

Have mercy on us, O Lord

Show us, O Lord, your mercy.

And grant us your salvation.

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father, you take away the sins of the world,

have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Amen. Father.

#### A reading from the book of Leviticus Lv 19:1-2.17-18

The Lord spoke to Moses; he said:' Speak to the whole community of the sons of Israel and say to them: "Be holy, for I, the Lord your God, am holy."

"You must not bear hatred for your brother in your heart. You must openly tell him your neighbour, of his offence; this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear a grudge against the children of your people. You must love your neighbour as yourself. I am the Lord."'

#### The Word of the Lord

Responsorial Psalm: Response: The Lord is compassion and love.

My soul, give thanks to the Lord, all my being, bless his holy name.