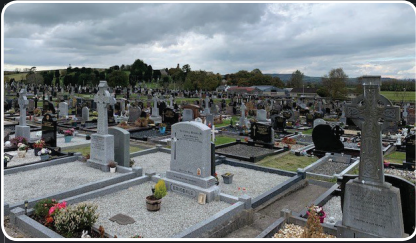


Commemoration of the Faithful Departed

Ennis Parish



Drumcliffe



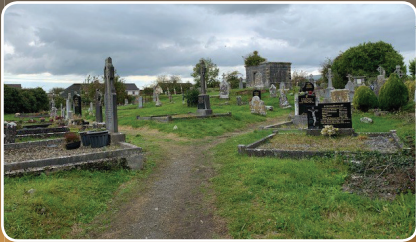
Cathedral



Ennis Abbey



Poor Clare Monastery



Corrovarrin



Sisters of Mercy



Ursuline, Lifford



St. Columba's Bindon St.

Remembering our Loved ones who have died
November 2019-2020

I'm there inside your heart.

Right now I'm in a different place,
And though we seem apart,
I'm closer than I ever was,
I'm there inside your heart.

I'm with you when you greet each day
And while the sun shines bright,
I'm there to share the sunsets, too...
I'm with you every night.

I'm with you when the times are good,
To share a laugh or two
And if a tear should start to fall...
I'm always there for you.

And when that day arrives
That we no longer are apart,
I'll smile and hold you close to me...
Forever in my heart.



John Bannon



**Mary (Lal)
Barry**



Declan Blake



**Graham
Bowden**



Eoin Boylan



**Sr. de Montfort
Bray**



**Gerard
Brennan**



Leo Brodie



Joan Browne



Gretta Burke



Jimmy Burke



Bridie Butler



**Annie Clohessy
nee Clune**



**Vincent
Coffey**



**Bernard
Collins**



**Mary
Connolly**



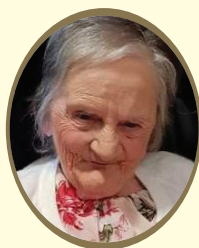
**Peggy
Connolly**



**Mairead
Connors**



**Michael
Considine**



**Mary Cornu
nee Heffernan**



**Niall
Cosgrove**



**Susan
Cosgrove**



John Costin



May Cotter



**Jimmy
Coughlan**



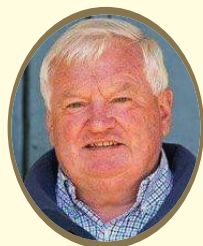
Brid Crowe



Eddie Daly



Jack Daly



**Gerard
Dilger**



**Thomas
Dixon**



**Eileen
Downes**



Sean Duffy



Martin Earls



**Eileen Eddie
nee Hunt**



**Daphne Egan
nee Hickey**



**Mai Finn
nee Howard**



**Martin
Fitzpatrick**



Johnny Flynn



Mary Greene



**Pauline
Guerin**



**Marion Guinnane
nee Guilfoyle**



**Albert
Hanberry**



**Betty
Hanrahan**



**Michael
Hanrahan**



**Marlene Hanrahan
nee MacNamara**



Mary Hayes



Nancy Hehir



Michael Hogan



**Pauline
Horgan**



**Paul
Hurson**



**Martina Hyde
nee Molloy**



Pat Jones



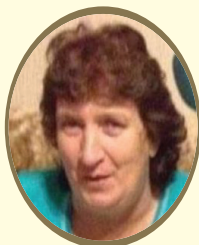
Bridget Keane



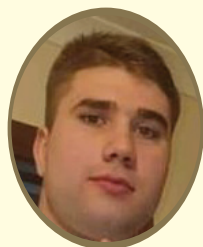
Mary Keane



Mary Keane



**Bridget
Keenan**



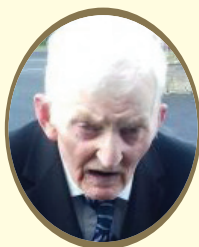
Jim Keenan



Michael Kelly



Martha Kennedy



**Bernard
(Bernie) Kenny**



**Sr. Benedict
Kenny**



Ann Keogh



**Baby Marcus Edmond
Kershaw Kelly**



**Seamus
Kinnane**



Robin Lacey



Michael Mackey



**Colm
Madigan**



**Helen
Magnier**



**Paddy
Mahony**



**Frankie
Mangán**



Donny Martin



**Bernie
McDonagh**



**John
McDonagh**



**Charles (Cha)
McEnery**



**Br. Alphie
McGrath**



John McGuire



Pat McGuire



**Michael
McNerney**



**Patricia
McNerney**



**Esme
McMahon**



**James
McMahon**



**Marcella
McMahon**



**Mary McMahon
nee Conlon**



**Peggy
McMahon**



**Nuala Mercier
nee McGann**



**Fr. Tony
Minitier**



**Michael
Molloy**



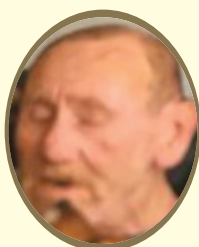
**Thomas
Molloy**



**Cora Moloney
nee Rice**



**Irene Moloney
nee Coffey**



**Michael
Moloney**



**Noreen Moore
nee Crowley**



**Bridie
Moroney**



**Gerry
Moroney**



Gus Moroney



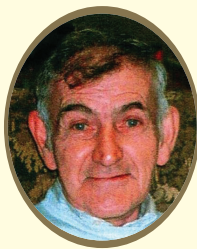
**Annette
Moylan**



**Brendan
Mulkeré**



Paddy Murphy



John Murphy



**Sr. Columba
Murphy**



**Margaret
Murray**



Carmel Nestor



Paddy Neylon



**Geraldine Nihill
nee Barry**



Martin Nilan



**Geraldine
Nugent Cuddihy**



Eileen O'Brien



**Margaret
O'Brien**



**Bridie
O'Connor**



**Michael
O'Doherty**



**Roger
O'Donoghue**



**Sheila
O'Driscoll**



**Sr. Nancy
O'Farrell**



Teresa O'Grady



**Mary
O'Keefe**



**Marie O'Leary nee
Cunningham**



**Fr. Peadar
O'Loughlin**



**Carmel
O'Neill**



Nancy O'Neill



**Kieran
O'Regan**



**Bro. Gary
O'Shea**



**Bernadette
O'Sullivan**



**Margaret
Owens**



**Michael
Palmer**



**Tom
Pilkington**



**Ann Preston
nee O'Halloran**



Betty Purtill



**Kenneth
Quinlivan**



**Mary (Lal)
Quinn**



Frankie Rice



**Bernadette Ruane
nee Lynch**



James Ruane



**John
Rutherford**



Eugene Ryan



Gerry Ryan



Teresa Ryan



Paddy Rynne



**Pauline
Saunderson**



**Sr. Carmel
(Patricia) Scanlan**



Tony Shannon



**Tommy
Sheedy**



Ben Sheehan



Joe Sheehan



**Charlene
Sherlock**



Tom Stack



**Canon Pat
Taaffe**



**Maisie Wallace
(nee Kearney)**



**Bro John
Walsh**



TJ Waters



John Whelan



**Maureen
Whyte**



**David
Woodford**

Ní imithe uainn atá siad ach imithe romhainn



They are not gone from us But gone before us

The Impact of One Life

When a stone is dropped into a lake,
it quickly disappears from sight,
but its impact leaves behind a series of ripples
that broaden and reach across the water.

In the same way, the impact of one life
lived for Christ
will leave behind an influence for good
that will reach the lives
of many others.

Roy Lessin

Suggestions for people who have been Bereaved

- Know you can survive. You may not think so, but you can.
- Struggle with “why” it happened until you no longer need to know “why” or until you are satisfied with partial answers.
- Know that you may feel overwhelmed by the intensity of your feelings but all your feelings are normal.
- Anger, guilt, confusion and forgetfulness are common responses. You are not crazy; you are in mourning.
- Be aware you may feel appropriate anger at the person, at the world, at God, at yourself. It's OK to express it.
- You may feel guilty for what you think you did or did not do.
- Guilt can turn into regret through forgiveness.
- Remember to take one moment or one day at a time.
- Find a good listener with whom to share. Call someone if you need to talk.
- Don't be afraid to cry. Tears are healing.
- Give yourself time to heal.
- Try to put off major decisions.
- Expect setbacks. Emotions can return like a tidal wave but you may only be experiencing a remnant of grief, or an unfinished piece.
- Give yourself permission to get professional help.
- Be aware of the pain of family and friends.

- Be patient with yourself and with others who may not understand.
Set your own limits and learn to say no.
- Steer clear of people who want to tell you what or how to feel.
Knowing that there are groups that can be helpful such as Samaritans.
Freephone number is 116 123, day and night.
- Call on your personal faith to help you through.
- It is common to experience physical reactions to your grief
e.g. headaches, loss of appetite, inability to sleep.
- The willingness to laugh with others and at yourself is healing.
- Wear out your questions, anger, guilt, or other feelings until you can let them go. Letting go doesn't mean forgetting.
- Know that you will never be the same again, but you can survive and even go beyond just surviving.
- Be kind and gentle with yourself.



www.ennisparish.com

image courtesy of John Kelly photography