

# ENNIS PARISH NEWSLETTER

## Mass Times

Cathedral-[www.ennisparish.com/webcam](http://www.ennisparish.com/webcam)

Radio link:106.4fm

Monday to Friday 7.40am, 11am & 7.30pm

Saturday 11am & Vigil 6.30pm

Sunday 8am, 9.30am & 11.30am

St. Joseph's-[www.ennisparish.com/our-parish/st-josephs-church-webcam](http://www.ennisparish.com/our-parish/st-josephs-church-webcam)

Monday to Friday 10.30am

Saturday 10.30am & Vigil 7pm

Sunday 10am & 11.45am

Friary-[www.ennisparish.com/our-parish/franciscan-friary-webcam/](http://www.ennisparish.com/our-parish/franciscan-friary-webcam/)

Monday to Saturday 10am

Vigil Mass Saturday 7.30pm

Sunday 10.30am

Christ the King Oratory Cloughleigh

Monday to Friday 9.30am

Sunday 11am

## Sacrament of Reconciliation

Cathedral & Friary

Cathedral: Monday to Friday 7pm to 7.25pm

Saturday after the Vigil Mass

Friary: Tuesday to Saturday 11-12 noon & 4-5pm

Baptisms

Can be booked through the Parish Office. A maximum of ten people can attend the ceremony.

**Adoration of the Blessed Sacrament** will take place

Monday to Friday in the Cathedral from 5pm until 7pm

Phone Numbers: Cathedral:- 6824043;

Email: [info@ennisparish.com](mailto:info@ennisparish.com)

St. Joseph's:- 6822166;

Cloughleigh:- 6797489;

Friary:- 6828751

Ennis Parish Web Site: <http://www.ennisparish.com> Facebook:

<http://www.facebook.com/ennis.parish>

## Fifteenth Sunday in Ordinary Time (Year B) 11th July, 2021.

### Nine Tips for Effective Time Management.

**Record your daily routine mentally:** This activity of time management will make you aware of how long you take to do whatever is on your list. If you have 10 things to do, are you able to cover up everything in the number of hours you have for the day? Analyse your free time. Identify the tasks that you are wasting your time on and make a conscious effort to cut them.

**Prioritization:** Manage your time, achieve your goals, be successful. This is the pattern to follow. Managing time also means to spend time on priorities and not to waste time on non-priorities. Know your priorities by asking yourself these questions. Identify urgent and important it. Which task is of high-priority? When a task is to be completed, which task can be done later. After prioritization make a to-do list. Be realistic when scheduling tasks.

**Spend your morning in Most Important Tasks.** Do you want to be productive with your time? If so, then identify the most important tasks from your to-do list and get them completed first thing in the morning. According to this principle, you should get down to the most important tasks and focus on accomplishing first.

**Leave the buffer-time between tasks:** You feel you can make the most effective use of your time by jumping from one tasks to the next without anytime between. But the human brain needs a break after every 90 minutes in order to maintain the height levels of concentration and motivation.

**Focus without distractions:** Time management tips at works can be successful when you push yourself out of the distractive circle. So to stay on track with what you want to achieve, keep in mind your end goals. Focus on only one part of your work at a time. No responding to Texts or SMS, WhatsApp, no browsing on Web.

**Stop being Perfectionist:** A major reason why most people put off tasks on constantly delay the delivery of a project or product is that they are running after perfection. Since there are many tasks in your to-do list, stop running after perfection and concentrate more on getting.

**Just say "NO".** Don't agree to work on a task or help a colleague until you have some spare time. Keep your priorities straight and simple

**Just Stop Multitasking:** Managing two tasks at often results in loss of productivity. People who prefer to practice the habit of multitasking are finding it difficult to concentrate and maintain focus on work when needed.

**Use a Diary or Online Calendar:** Diary or Calendars have been used for time management for years. Now with an online calendar, you can schedule meetings, events, set reminders, and check your availability for a specific date from almost any device. These time management techniques are like the mantras for changing the way you live. With right mind set and right strategies you can live a more joyous life.

(Taken from The Better Yourself Talk by Fr. Antony J. Fernandes)





# Priest on Duty 11th July 2021

Contact: Fr. Tom Ryan 065 6869098



## Cathedral

### Remembered in Masses this Week:

**Sat: 6.30pm:** Peggy Cox, Dalcassian Ave.

Michael Kelly, Dalcassian Park.

Michael & Mary Daly, Lifford, Gort Rd.

**Sun 11th: 8am:** No intention booked.

**9.30am:** Tommy Mahony, Tobertaoscairn.

**11.30am:** James Ruane, Considine Rd. **1st Anniv.**

Helena McNamara Corcoran & Corcoran family.

George Gallery, Rockmount.

Margaret & Pat Keane, Hernitage;

Mary Counihan, Gort.

Noreen Murphy, Kilrush Rd.

**Mon: 7.40am:** Michael Queally, Ennis & England.

**11am:** Kathleen Gray (nee Hogan), USA & St. Flannan's Tce.

**7.30pm:** Thomas Dinan, Hermitage.

Paddy, Nellie, Marion, Jim & Helen Casey, Parnell St.

Pat, Flan & Ursula Brody, Loughville.

Nancy Slattery, Cahercalla

**Tues: 7.40am** Book of Intentions.

**11am:** Val Crain, London.

**7.30pm:** Tom, Eva, Mary & Noel Ryan, Summerhill.

**Wed: 7.40am:** No intention booked.

**11am:** Brigid, Paddy, Val & Michael Casey, Clare Rd. Fr. Paddy Scully, U.S.A.

**7.30pm:** Adrian Quinn, Winslow, Bucks, U.K. **MM** Bernadette O'Sullivan, Cahercalla Estate.

**1st Anniv**

**Thurs: 7.40am:** No intention booked.

**11am:** Seamus & Eugene Curley, Limerick Rd.

**7.30pm:** Margaret Queally, Hermitage.

Derek Queally, Ennis Rd., Tulla.

**Fri: 7.40am:** Mass for the People.

**11am:** Gerry Barry, 'Inisfree', Westfields, Clare Rd. **MM**

**7.30pm:** Special intention.

**Sat: 11am:** Marie O'Brien, Turnpike Rd.

Sean, Myra & Mames Kenny, Dalcassian Pk.

Mai Brennan, 'Chez Nous', Clonroadmore.

Jasna Jurisch, Croatia.

Eileen Flanagan, Rockmount House.

Marian McNamara, College Green.

Paddy & Josie Hahessy, St. Michael's Villas.

**6.30pm:** John Scahill, Fountain. **MM.**

Michael Casey, Turnpike Rd.

Mary Coote, Turnpike Rd.

Maria Lucia Gregorio da Cunha. **1st Anniv**

**Sun 18th: 8am:** No intention booked.

**9.30am:** PJ Keane, Loughville.

Brenda Flynn, Fergus Park.

**11.30am:** Thomas Callinan, Beechpark.

Gerard & Lucy O'Driscoll, Summerhill.

Mary Smyth (nee Dunne), Feakle.

John Brigdale, Clancy Park.

John & Nancy Howard, St. Michael's Villas & Ann

O'Sullivan (nee Howard), Swords, Co. Dublin &

St. Michael's Villas.

Cormac & Kathleen Cannon, Cahercalla Estate.

**Masses this week in Ennis will continue to be available on**

**webcam & parish radio link 106.4fm**

**Monday to Friday**

**Cathedral: 7.40, 11am, 7.30pm**

**Friary: 10.00am**

**St. Joseph's: 10.30am**

**Cloughleigh: 9.30am**

**Weekend**

**Saturday:**

**Cathedral: 11am & 6.30pm Vigil**

**Friary: 10am & 7.30pm Vigil**

**St. Joseph's: 10.30am & 7pm Vigil**

**Sunday:**

**Cathedral: 8am, 9.30am, 11.30am**

**St. Joseph's: 10am, 11.45am**

**Cloughleigh: 11am**

**Friary: 10.30am**

**Diabetes awareness talk.**

**Thursday, 29th July 2021.**

**Online event at 1pm**

Join Diabetes nurse, Claire Naughton, from Diabetes Ireland to learn about the different types of diabetes, the signs and symptoms, various risk factors and who should get tested. Learn also how to reduce your risk of Type 2 diabetes. This is an hour long presentation with a Q & A session. Free event for people throughout Co Clare aged 18+. Places are limited, booking is essential. In order to take part, participants will require remote access to Zoom. Please book your place by emailing [kilrush@clarelibrary.ie](mailto:kilrush@clarelibrary.ie) or by calling Kilrush Library on 065 9051504 during branch opening hours.

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## Franciscan Friary Ennis

Please note when conducting an online search for Ennis Friary

**search under:**

**Franciscan Friary Ennis and not**

Ennis Friary as you will be redirected to the OPW website which is actually the Old Abbey

Contact No: 065 6828751

## St. Joseph's



Mass intentions for scheduled Masses in St. Joseph's Church should be booked through the Parish Office. For all other events call Fr John 0656822166.

### Remembered in Masses this Week:

**Sat 7pm:** Jim Lordan, St. Senan's Rd.

**Sun 11th 10am:** Peadar McNamara, Old Turnpike Rd. & London.

**11.45am:** Betty Burke, Lifford Rd.

**Mon 10.30am:** Teresa Moloney, Marian Ave.

**Tues 10.30am:** Patrick, Winifred, Frankie & Paddy McGarrigle & family, Grange, Co. Sligo.

**Wed 10.30am:** Gerry & Aggie O'Dwyer, Old Gort Rd.

**Fri 10.30am:** Michael & Patrick Cleary, Clancy Pk.

**Sat 7pm:** Mary O'Shea, St. Senan's Rd.

**Sun 18th 10am:** Jeremiah Considine, Kincora Park.

**11.45:** May & Michael McEnery & O'Grady & McEnery families, Kilnamona.

## Reek Pilgrimage 2021



Normally the National Pilgrimage to Croagh Patrick takes place on the last Sunday of July. For this year, Reek Sunday has been extended to incorporate the whole month of July; each weekday from Wednesday to Saturday in order to facilitate those who wish to fulfil the Reek Sunday Obligations.

### Mass on the Summit:

Wednesday to Friday 12 noon

Mass on Saturday 10am

(Weather permitting)

Confessions before and after Mass

11am—11.45am

12.45pm—1.15pm

## Cathedral Renovation Appeal.

In the past week Fr. Tom wishes to acknowledge donations of €150, €50. We thank the many people who have made once off contributions to this appeal. All contributions for this work very much appreciated.



## Cloughleigh



### Remembered in Masses this Week:

**Sun 11th 11am:** Paddy Shannon, Cloughleigh.

**Mon 9.30am:** Special Intention.

**Tue 9.30am:** Book of Intentions.

**Ennis Parish Development Fund for Sunday, 4th July 2021**  
**Fund €3,709.00**  
**Online €172.00**

## Our Parish Columbarium



### Opening September 2021

Our beautiful Parish Columbarium in the Cathedral has been handmade in Ireland and features an exclusive design based on St. Senan's Bell.

There are 240 niches available, some of which have already been reserved. Each niche accommodates one urn for one person's ashes.

The columbarium will return the Mortuary Chapel in the Cathedral to its former glory and provide the people of Ennis with a beautiful and sacred place of rest.

For more information, or to reserve a niche, please contact Joseph O'Neill on 085 2148301

or  
joseph@eternumcolumbarium.com  
Alternatively speak to Fr. Tom P.P



Scan me

## Friary News



On Sunday, July 4<sup>th</sup>, we had our first "Healing Mass" in the friary at 3 pm. We were really delighted to see that so many turned out for it and that many others were able to join us on the webcam. As had been suggested, this took the traditional form of devotions where we started with a simple Exposition of the Blessed Sacrament, followed by some Franciscan prayers that St. Francis of Assisi would have taught the early friars to say in abandoned churches and, after saying the Rosary for different intentions, the first part of the afternoon ended with a blessing of those present with the exposed host. In "normal" time, we would hope to have the anointing of people at this stage but due to Covid-19 restrictions, we were limited in what we could do. Still, we had music via the organ and singer which added greatly to the solemnity of the occasion. As I said, there was a good number of people present and people who normally could not get to Sunday Mass, were able to avail of attending the Mass which followed.

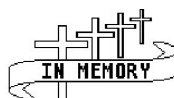
So, although it was our first attempt at a "Healing Mass," we feel that it went off quite well. Once again, we were able to make a distinction between curing and healing. Curing is really getting back to where our body was before we got sick. Many of us can resonate with this, especially given the nature of the Covid-19 pandemic over the last year and a half. "Healing," of its nature, goes that little bit deeper into consciously asking God to help us deal with the negative events of the past which have had a traumatic and destructive influence on us all through life. So, we can see how we might be cured but not healed or healed but not cured where "healing" might occur over time rather than overnight. It would be fair to say that we are "healed" when we can look back on the original event and no longer feel the pain that was connected with it. In this sense, by owning the pain of the past, bringing it consciously to the surface and asking God to take care of it, we are then released to live life more freely. We hope to have this "Healing Mass" on the First Sunday of each month.

Once again, a warm thanks to all those who have supported us faithfully and generously in the past years and to say that you are remembered in our daily prayers.

Fr. Paschal, Guardian OFM  
Sr. Bernardine, Abbess of the Poor Clare's.

## Rest in Peace

Mary Scanlon, Dalcassian Ave;  
Peggy Flanagan, Dublin, sister of Aileen Kerins, Barefield;  
Martin Connolly, Victoria Place, Cusack Road,  
Angela Ball, Hermitage;  
Isolda Marshall (née McGuinness), Redan House, Clonroadmore.;  
Donal Kenny, Hermitage  
Fionn O'Brien, Knockanean, Tulla Rd.;  
Sr. Bosco, Convent of Mercy, Tulla;  
Mgt Kavanagh, Birmingham, sister of Phyllis Dempsey, Cregaun, Tobartaaiscain



## Sr. Eileen's Cúinne

### Roinnt Paidreacha.

Éisteann Dia lenár n-achainí í gcónaí "Tá an briathar an-ghar duit; tá sé i do bhéal agus i do chroí agat le comhlíonadh" Deot. 30:14

Má osclaímid ár gcroí bíonn cluas le héisteacht ar Dhia.

I spioradáltacht Cheilteach bhí ár sinsear an – tugtha do Dhia. Bhí paidir ar leith acu do gach ócáid. Is iad seo roinnt díobh.

### Ag dul ar aistear

Dia idir mé agus uisce mo bháite,  
Dia idir mé agus tine mo dhóite,  
Dia idir mé agus bás gan cairde,  
Dia idir mé agus taisme bhóthar.

### Nuair a bhíonn briseadh ar d'fhoighne

Solas na soilse  
Agus radharc na Tríonóide  
Agus grásta na foighne  
In aghaidh na héagóra

### Beannacht tí, roimh dhul isteach den chéad uair i dteach nua.

Dia, beannaigh an teach seo,  
Ó shuíomh go stagh,  
Ó chrann go balla,  
Ó cheann go ceann,  
Ó bhuaic go híoslach,  
Ó bhalc go díon,  
Ó bhonn go barr. Áiméan.

### Buíochas:

Moladh go deo leat, a Shlánaitheoir a rug saor mé ón mbuairt seo, ar a shon nach fiú go gcuirfeá rath ná séan orm. Áiméan.

When we pray God always listens to us. "The word of God is very close to you; it is in your mouth and in your heart for your observance" Deut. 30:14. If we open our hearts, God will not turn away.

In Celtic spirituality our ancestors were very devoted to God. They had a special prayer for every occasion.

**Going on a journey:** God between me and drowning, God between me and fire. God may I not die in debt, God between me and the road accident.

**For Patience:** Light of lights, and vision of the Trinity, and the grace of patience against injustice.

**Blessing of a House,** when entering for the first time: God bless this house from site to foundation, from beam to wall, from end to end, from ridge to basement, from beam to roof, from beginning to end. Amen.

### In thanksgiving:

Praise and thanks to you Lord, for freeing me from this trouble, I'd never dare to claim such care, so thanks Lord on the double. Amen.



# Today's Scripture Readings

## Entrance Antiphon

As for me, in justice I shall behold your face;

I shall be filled with the vision of your glory.

### PENITENTIAL RITE

P. Have mercy on us, O Lord

C. For we have sinned against you.

P. Show us, O Lord, your mercy.

C. And grant us your salvation.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

C. Amen.

### GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## A reading from the prophet Amos

Am 7:12-15

Amaziah, the priest of Bethel, said to Amos: 'Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple'. 'I was no prophet, neither did I belong to any of the brotherhoods of prophets', Amos replied to Amaziah. 'I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock,' and the Lord who said, "Go, prophesy to my people Israel".'

### The word of the Lord

## Responsorial Psalm

*Response:* .

*Let us see, O Lord, your mercy  
And give us your saving help.*

I will hear what the Lord God has to say,  
A voice that speaks of peace,  
Peace for his people.  
His help is near for those who fear him  
And his glory will dwell in our land.  
*R.*

Mercy and faithfulness have met;  
Justice and peace have embraced.  
Faithfulness shall spring from the earth  
And justice look down from heaven.  
*R.*

The Lord will make us prosper  
And our earth shall yield its fruit.  
Justice shall march before him  
And peace shall follow his steps.  
*R.*

## A reading from the letter of St Paul to the Ephesians

Eph 1:3-14

Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ. Before the world was made, he chose us, chose us in Christ, to be holy and spotless, and to live through love in his presence, determining that we should become his adopted sons, through Jesus Christ, for his own kind purposes, to make us praise the glory of his grace, his free gift to us in the Beloved, in whom, through his blood, we gain our freedom, the forgiveness of our sins. Such is the richness of the grace which he has showered on us in all wisdom and insight. He has let us know the mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning to act upon when the times had run their course to the end: that he would bring everything together under Christ, as head, everything in the heavens and everything on earth.

### The word of the Lord

## Gospel Acclamation

*Alleluia, alleluia!*

*May the Father of our Lord Jesus Christ  
Enlighten the eyes of our mind,  
So that we can see what hope his call  
holds for us.  
Alleluia!*

## A reading from the holy Gospel according to Mark

Mk 6:7-13

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff - no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added, 'Do not take a spare tunic.' And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

### The Gospel of the Lord

## PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen.

## Communion Antiphon

Whoever eats my flesh and drinks my blood, remains in me and I in him, says the Lord.