

ENNIS PARISH NEWSLETTER

Mass Times

Cathedral-www.ennisparish.com/webcam

Radio link:106.4fm

Monday to Friday 7.40am, 11am & 7.30pm

Saturday 11am & Vigil 6.30pm

Sunday 8am, 9.30am & 11.30am

St. Joseph's-www.ennisparish.com/our-parish/st-josephs-church-webcam

Monday to Friday 10.30am

Saturday 10.30am & Vigil 7pm

Sunday 10am & 11.45am

Friary-www.ennisparish.com/our-parish/franciscan-friary-webcam/

Monday to Saturday 10am

Vigil Mass Saturday 7.30pm

Sunday 10.30am

Christ the King Oratory Cloughleigh

Monday to Friday 9.30am

Sunday 11am

Sacrament of Reconciliation

Cathedral & Friary

Cathedral: Monday to Friday 7pm to 7.25pm

Saturday after the Vigil Mass

Friary: Tuesday to Saturday 11-12 noon & 4-5pm

Baptisms

Can be booked through the Parish Office.

Adoration of the Blessed Sacrament will take place

Monday to Friday in the Cathedral from 5pm until 7pm

Phone Numbers: Cathedral:- 6824043;

Email: info@ennisparish.com

St. Joseph's:- 6829584

Cloughleigh:- 6797489;

Friary:- 6828751

Ennis Parish Web Site: <http://www.ennisparish.com>

Facebook: <http://www.facebook.com/ennis.parish>

Fifth Sunday of Easter

Year A

7th May 2023

'Let not your heart be troubled'

Did you know that heart trouble is the leading cause of death in the world today? It is the cause of more than 17 million deaths a year, which accounts for 16% of all deaths. The most common kind of heart trouble is coronary heart disease, which is the failure of the blood circulation to the heart muscles, resulting in a heart attack.

Because of this many of us have been advised by our doctors to change our diet to low-fat and high-fibre food, and to change our lifestyle to include more physical exercise and better stress management. These are the remedies commonly prescribed for heart trouble.

This morning we are going to look at a different kind of heart trouble - the very centre of our being or personality which is the seat of all our emotions. This kind of heart trouble can afflict anyone - young or old, good or bad. Nobody is immune to it. Even our Lord Jesus was not immune to it.

There is nothing wrong with having a troubled heart - it is part of life on this side of glory. What is important is how we deal with a troubled heart. For this, we need to make use of the right remedy which comes from the great physician, our Lord Jesus Himself. And since He understands perfectly what it feels like to be troubled in His own heart, His remedy is bound to be most effective to deal with it.

Whenever you feel as if the walls of your life are closing in on you and there is no way out, you must apply to your troubled heart those tender words of comfort which Jesus gave to His disciples. He said *'Let not your heart be troubled: believe in God, believe also in me.'* Jesus also says, *'Peace I leave with you, my peace I give unto you not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.'*

What does it mean to *'let not our hearts be troubled'*? It means *'Stop being troubled in spirit. Set your heart at ease. Keep on believing. Keep on trusting in the Lord. Keep looking up to Him. Don't give up hope.'*

Adapted from Rev Charles Seet



Do not let your hearts be troubled. You believe in God; believe also in me.

John 14:1

104 3

Priest on Duty: Fr. Joy
Contact 065 6869098



Cathedral

Remembered in Masses this Week:

6.30pm: Joe Arthur, Gort Rd.
 Paschal Molloy, Hermitage.
 Bernie & Mary Hennessy, Kilkee.

Sun 7th 8am: No intention booked.

9.30am: Monsignor Ignatius Murphy, Kilkee.
 Costelloe & O'Donoghue Family, Ennis & Cork.
 John & Mary Anne Ryan, Kilmihil.

11.30am: Michael Woods, Circular Rd. **MM. & Internment of Ashes.**
 James Naughton, Dalcassian Drive.
 Margaret Staunton, Gallows Hill.
 Patrick & Joan Barry, St. Senan's Rd.
 Anne Mangan, Turnpike Rd.
 Owen Linnane, Parnell St.
 Janelle Nelson, London.
 James Kelly, Collins Park.

Mon 7.40am: Murphy & Keating Families.

11am: Pete Watters, Manchester.

7.30pm: No intention booked.

Tues 7.40am Book of Intentions.

11am: No intention booked.

7.30pm: No intention booked.

Wed 7.40am: No intention booked.

11am: No intention booked.

7.30pm: Josephine Latchem, Aughanteeroe.

Thurs 7.40am: John Meaney, Surrey.

11am: Holy Souls.

7.30pm: Ann Lacey, College Green.

Fri 7.40am: Mass for the People.

11am: No intention booked.

7.30pm: Brendan Doyle, Clonroad. **1st Anniv.**

Sat:11am: Sr. Kathleen Cleary, Convent of Mercy. **MM**
 Breda, Patrick, John, James & Caoimhe Whelan,
 Dalcassian Park & Mullagh.

6.30pm: Sean O'Leary, Connolly Villas. **1st Anniv.**
 Anthony Kelly, Tiermaclane.

Sun 14th 8am: No intention booked.

9.30am: No intention booked.

11.30am: Michael O'Brien, Summerhill.
 Peggy Moran, New Jersey. **MM**
 Liam Daly, Hermitage.
 Dónal MacMathúna, Ballybeg.
 Marian Guinnane, Park Ave.
 Dan O'Connor, Clonroad.
 Marie King, Moyglass, Crusheen.

Cathedral Renovation Appeal
 In the past week Fr. Tom wishes to acknowledge a donations of €50 x 2 & €100 x 3. We thank the many people who have made once off contributions to this appeal.

Canon Kevin O'Brien



We congratulate the Reverend Canon Kevin O'Brien, St. Columba's Church, Bindon Street who has been appointed Rector of Adare and Kilmallock Union of Parishes by Bishop Michael Burrows, Church of Ireland Bishop of Tuam, Limerick and Killaloe.

Canon Kevin will be installed as a Canon of St. Mary's Cathedral, Limerick on Sunday 7th May and will take up his appointment in Adare in July.

We thank Canon Kevin, his wife Sue and their family for the great work they have done in Ennis since their arrival in September, 2019 and wish them every blessing in their new calling.

First Holy Communion



Saturday 13th May 10.30am
 St. Joseph's - Ennis CBS.

Saturday 13th May 12 noon
 Cathedral - Gaelscoil
 Mhichil Ciosog

Newly Baptised

We welcome into the Christian Community through the Sacrament of Baptism:



Noranna Marie Delaney.

St. Joseph's



Remembered in Masses this Week:

Sat 7pm: Frank Gibbons, Kincora Park.
 Teresa Cullinan, Ballylannidy, Shanaway. **MM**
 Christopher Gammel, Roslevan. **MM**

Sun 7th 10am: No intention booked.

11.45am: Mary Cornu, Tullassa. **MM.**
 Jerry Hayes, Pine Grove. **1st Anniv.**
 Griffin Family, Loughburke, Kilmaley.
 Tommy Guilfoyle, St. Clare's Close, Gallows Hill.
 John Doohan, Kincora Park.
 Mary Coughlan & Patricia Kearney.

Mon 10.30am: Michael Lernihán, Pearse Ave.

Tues 10.30am: No intention booked.

Wed 10.30am: No intention booked.

Thu 10.30am: Chrissie Clune, Ballymacahill.

7pm: Graduation Mass - Rice College.

Fri 10.30am: No intention booked.

Sat: No. 10.30am Mass.

11am: First Holy Communion - CBS.

7pm: Tom Roche, Kincora Park.
 Jimmy & Teresa Madigan, Marian Ave.
 Kathleen Burke, Knockanoura.

Sun 14th 10am: John English, St. Senan's Rd. **MM**
 Johnny, Mark & Cathal Mulcaire, Cahercalla Heights.

11.45am: Noel O'Regan, Corrovorrin Grove. **MM.**
 Tom Stack, Lifford Rd.

Safeguarding Month



The 2022 parish safeguarding audits showed that children's ministry in parishes is slowly returning following the pandemic. We actively encourage children to be involved in the Church and we have developed procedures, policies and forms to assist parishes in this Ministry. For further guidance or assistance with restarting children's ministry, Cleo Yates, Diocesan Director of Safeguarding will be more than happy to assist and can be contacted via the Diocesan Office.

May is Safeguarding Month
 During our safeguarding month in the Diocese, we ask you to keep in your prayers those affected by abuse, violence and war. Using the words of Khalil Gibran
'Safeguarding the rights of others is the most noble and beautiful end of a human being.'

The Diocesan Adult safeguarding Policy (adults at risk of abuse) is available on the Safeguarding pages of the Diocesan website. www.killaloe-diocese.ie/safeguarding

Ennis Parish
 Development Fund
 for Sunday, 30th April

Fund **€6,352.50**
 Online **€97.50**

VHI Women's Mini Marathon 2023.



Martina & Margaret are taking part in the VHI Mini Marathon. We've chosen to fundraise for **Ennis Cathedral Renovation Fund and Samaritans Ennis**. All funds raised will go directly to these great causes. We hope you can help us by donating whatever you can. Simply visit our fundraising page on iDonate.ie (Martina & Margaret's Mini Marathon Fundraising Page 2023), scan the QR code which will bring you directly to our page.

All donations are processed securely. Alternatively you can personally drop your donations into the Parish Office.



Many Thanks for your support,
Martina & Margaret

May the Month of Mary



We encourage you to pray the Rosary, (even one decade), particularly during May.

Bring Flowers of the Rarest

Bring flowers of the rarest
bring blossoms the fairest,
from gardens and woodlands
and hillside and dale;

Our full hearts are swelling,
our glad voices telling
the praise of the loveliest flower of the vale!

Rosary in honour of Our Lady

- Dalcassian Park daily @ 6pm
- Hermitage Grotto daily @ 6.30pm
- Marian Avenue Grotto daily @ 7pm
- Corrovorrin Crescent daily @ 7pm
- Buttermilk Grotto daily @ 7pm
- St. Michael's Villas daily @ 7.30pm
- Loughville Grotto daily @ 8pm
- Ballybeg Grotto daily @ 8pm
- Fountain Grotto daily @ 8.30pm

Healing Programme for People Bereaved by Suicide



Are you finding it difficult to cope with the death by suicide of a family member or friend? You could get help at a Healing Programme organised

by Clare Suicide Bereavement Support at their premises in Innovation House (near Liddys), Roslevan Centre, Tulla Rd. Ennis, starting at 7.30 p.m. on Tuesday May 16th and continuing for eight consecutive Tuesdays. Please feel welcome to come for support and meet others in the same position as yourself. An appointment is not necessary.

For further information phone 086 0565373 Or 087 3698315.

www.claresuicidebereavementsupport.com

'Supporting Brain Health & Wellbeing'.

Darragh Howley, Performance Psychologist & Fitness Specialist, will share his expertise with adults in DeValera Library on Tuesday 9th May @ 6.30pm. Attendees will learn some practical ways of supporting brain health and wellbeing through exercise and nutrition. Free event, limited numbers.

Milford Care Centre Annual Service of Remembrance on Sunday 14th May at 3pm in Our Lady Help of Christians Church, Milford, Limerick. We will remember all those who died under our care between 2019- 2022. Further info on the service from the Pastoral Care Team, Tel 061 485907 or 485908.

DO YOU NEED HELP & SUPPORT?

Counselling available at Accord, Ennis and Accord, Nenagh. Everyone welcome. Tel. 065 6524297. accordennis1@gmail.com



REST IN PEACE



Marisa Enright, Iniscarraig;

John Delee, The Crescent;

*Those we love don't go away,
they walk beside us every day.
Unseen, unheard, but always near;
still loved, still missed and very dear.*

Sr. Eileen's Cúinne

Sa spioradáltacht Cheilteach bhí ár sinsear an-tugtha do Dhia. Bhí paidir ar leith acu do gach ócáid. Is iad seo a leanas dhá cheann a bhíodh i mbéal an phobail ar son na sábháilteachta.

Dia idir mé agus uisce mo bháite,
Dia idir mé agus tine mo dhóite,
Dia idir mé agus bás gan chairde,
Dia idir mé agus taisme bhóthar. Áiméan.
Crios Chorp Chríost is Muire,
Ár dtionlacan fan bóthar,
Nára turas é in aistear,
Gura leas dúinn gach orlach. Áiméan.

According to Celtic Spirituality our ancestors were very devoted to God. They had a prayer for every occasion. The following are two of their prayers for safety:

God between me and the water that may drown me,

God between me and the fire that may burn me,

God between me and death in debt,
God between me and a road accident.

Amen

May the girdle of Jesus and Mary

Be around us on our journey

May we have a safe trip

And benefit from every inch. Amen

Prayer to Discover Your Vocation



Almighty God,
you have made me to know you,
To love you and to serve you
And thereby to find and fulfil myself.

I know that you are in all things
And that every path can lead me to you,
But of them all,

There is one path especially by which you
want me to come to you.

Since I will do what you want of me
Into my mind to show me
what you want of me
Into my heart to give me the determination
to do it.

And to do it with all my love,
With all my mind,
And with all my strength,
Right to the end. Amen.

Today's Scripture Readings

Entrance Antiphon

O sing a new song to the Lord,
For he has worked wonders;
In the sight of the nations
He has shown his deliverance, alleluia.

PENITENTIAL RITE

P. Have mercy on us, O Lord

C. For we have sinned against you.

P. Show us, O Lord, your mercy.

C. And grant us your salvation.

P. May almighty God have mercy on us,
forgive us our sins, and bring us to
everlasting life.

C. Amen.

GLORIA

Glory to God in the highest, and on earth peace
to people of good will. We praise you, we bless
you, we adore you, we glorify you, we give you
thanks for your great glory, Lord God, heavenly
King, God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord
God, Lamb of God, Son of the Father, you take
away the sins of the world, have mercy on us;
you take away the sins of the world, receive
our prayer; you are seated at the right hand of
the Father, have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High, Jesus Christ, with
the Holy Spirit, in the glory of God the Father.

Amen.

A reading from the Acts of the Apostles

Ac 6:1-7

About this time, when the number of disciples
was increasing, the Hellenists made a
complaint against the Hebrews: in the daily
distribution their own widows were being
overlooked. So the Twelve called a full meeting
of the disciples and addressed them, "It would
not be right for us to neglect the word of God so
as to give out food;

You, brothers, must select from among
yourselves seven men of good reputation, filled
with the Spirit and with wisdom; we will hand
over this duty to them, and continue to devote
ourselves to prayer and to the service of the
word." The whole assembly approved of this
proposal and elected Stephen, a man full of
faith and of the Holy Spirit, together with Philip,
Prochorus, Nicanor, Timon, Parmenas, and
Nicolaus of Antioch, a convert to Judaism. They
presented these to the apostles, who prayed
and laid their hands on them.

The word of the Lord continued to
spread: the number of disciples in Jerusalem
was greatly increased, and a large group of
priests made their submission to the faith.

The Word of the Lord

Responsorial Psalm:

May your love be upon us,
O Lord, as we place all our hope in you.

Ring out your joy to the Lord, O you just;

For praise is fitting for loyal hearts.
Give thanks to the Lord upon the harp,
With a ten-stringed lute sing him songs. *R*

For the word of the Lord is faithful
And all his works to be trusted.
The Lord loves justice and right
And fills the earth with his love. *R*

The Lord looks on those who revere him,
On those who hope in his love,
To rescue their souls from death,
To keep them alive in famine. *R*

A reading from the first letter of St. Peter.

1Pt 2:4-9

The Lord is the living stone, rejected by men
but chosen by God and precious to him; set
yourselves close to him so that you too, the
holy priesthood that offers the spiritual
sacrifices which Jesus Christ has made
acceptable to God, may be living stones
making a spiritual house. As scripture says:
See how I lay in Zion a precious cornerstone
that I have chosen and the man who rests his
trust on it will not be disappointed. That
means that for you who are believers, it is
precious; but for unbelievers, the stone
rejected by the builders has proved to be the
keystone, a stone to stumble over, a rock to
bring men down. They stumble over it
because they do not believe in the word; it
was the fate in store for them.

But you are a chosen race, a royal priesthood,
a consecrated nation, a people set apart to
sing the praises of God who called you out of
the darkness into his wonderful light.

The word of the Lord

Gospel Acclamation

Alleluia, alleluia!

Jesus said: 'I am the Way,
the Truth and the Life.

No one can come to the Father
except through me.' Alleluia!

A reading from the holy Gospel according to John.

Jn 14:1-12

Jesus said to his disciples:

'Do not let your hearts be troubled.

Trust in God still, and trust in me.

There are many rooms in my Father's
house;

if there were not, I should have told
you.

I am going now to prepare a place for
you,

and after I have gone and prepared
you a place,

I shall return to take you with me;

so that where I am you may be too.

You know the way to the place where I
am going.'

Thomas said, 'Lord, we do not know where
you are going, so how can we
know the way?'

Jesus said: 'I am the Way, the Truth and the
Life.

No one can come to the Father except
through me.

If you know me, you know my Father too.

From this moment you know him and have
seen him.'

Philip said, 'Lord, let us see the Father and then
we shall be satisfied.' 'Have I been with you all
this time, Philip,' said Jesus to him 'and you still
do not know me?

"To have seen me is to have seen the
Father, so how can you say, "Let us see the
Father"?"

Do you not believe that I am in the Father
and the Father is in me?

The words I say to you I do not speak as
from myself:

it is the Father, living in me, who is doing
this work.

You must believe me when I say that I am in
the Father and the Father is in me; believe it
on the evidence of this work, if for no other
reason.

"I tell you most solemnly, whoever believes
in me will perform the same works as I do
myself, he will perform even greater works,
because I am going to the Father.'

The Gospel of the Lord

PROFESSION OF FAITH

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible
and invisible.

I believe in one Lord Jesus Christ, the Only
Begotten Son of God, born of the Father before
all ages.

God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;

through him all things were made.

For us men and for our salvation

he came down from heaven, and by the Holy
Spirit was incarnate of the Virgin Mary, and
became man. For our sake he was crucified
under Pontius Pilate, he suffered death and was
buried, and rose again on the third day in
accordance with the Scriptures. He ascended
into heaven and is seated at the right hand of
the Father. He will come again in glory to judge
the living and the dead and his kingdom will
have no end.

I believe in the Holy Spirit, the Lord, the giver of
life, who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic
Church. I confess one Baptism for the
forgiveness of sins and I look forward to the
resurrection of the dead and the life of the world
to come. Amen.

Communion Antiphon

I am the true vine and you are the branches,
says the Lord.

Whoever remains in me and I in him,

Bears fruit in plenty.

Alleluia.