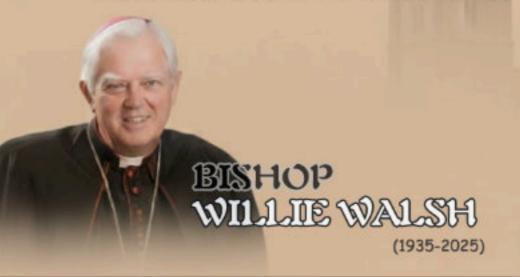


2nd November 2025

November 2024- November 2025



Feast of All Souls

Say not in grief that he/she was no more but say in gratitude that he/she lived

A death is not the extinguishing of a light but the putting out of a lamp. because the dawn has come.

Rabindranath Tagore, the great Kolkata poet.

Life is but a Stopping Place

Life is but a stopping place, a pause in what's to be, a resting place along the road, to sweet eternity.

We all have different journeys, different paths along the way, we all were meant to learn some things, but never meant to stay.

Our destination is a place, far greater than we know. For some the journey's quicker, for some the journey's slow.

And when the journey finally ends, we'll claim a great reward, and find an everlasting peace, together with the Lord.









Carol Barron

Terry Barry









Gerard Bennis

Sr. Fabian Boland

Pauline Borda

Eileen Bradley









James Brennan

George Brigdale

Tom Brooks

Clem Browne









Maura Browne

Eileen Bugler

Mai Cahill

Kay Carey



Phil Casey



Baby Noah Cauley Burcombe



Imelda Christie



Jim Clancy



Kathleen Clune



Jim Collins



Mary Collins



Michael Collins



Sr. Francis Collins



Nancy Comyns





Barry Connellan Bernadette Connolly



Popeye Coote



Brian Corey



Mary Corey



Marie Corrigan





Mary Cosgrove



Maureen Cosgrove



Moira Cosgrove



May Costelloe



Michael Cotter



Kathleen Coughlan



Felim Cronin



Michael Cronin



Carolyn Crowe



Mary Crowley



Noel Crowley





Sr. Ann Crowley Elizabeth Crowther



Vera Culhane



Tony Cullinan





John Curran



James Custy



Stuart Daly



Aidan Deegan



Brendan Derrane



Popsy Dixon



Johnny Donnellan



Maura Dowling



Sr. Attracta Duggan



Tommy Dullaghan



Michael Fallon



Catherine Feore



Anne Ferrigan



Chrissie Finn



Michael Fitzgibbon



Flaherty Langan



Michael Flaherty



Mia Flanagan



Baby Siún Brid Fleming



Pat Fogarty



Mary Foley



Shelly Fox



Josephine Frawley



Joseph Gannon



David Geraghty



PJ Gilligan



Christopher Greene



Fionna Greene



Anthony Griffin



Gerard Griffin



Marie Griffin







Sheila Guerin

Peter Guinanne

Mary Hanrahan



Maureen Harries



Patrick Hartney



James Hayes



Martha Hayes



Joe Hehir



Mick Hogan



Deirdre Houlihan



Andrew Hynes



Ber Winston S Hynes



Gerry Hynes



Francie Keane



Gerry Keane





Mary Keane



Hannah Kearney



Conor Kelleher



Pauline Kelly



Peadar Kelly



Seán Kelly



Tony Kelly



John King



Tony Kinneen



James Langan



Kathleen Lee



M J Lernihan



Anne Leyden



Frankie Liddy



Helen Liddy





Maura McCaul Maureen McCracken Mary McDonagh Peggy McDonnell





Patricia McEnnis



Mary McGowan



Teresa McGrath



Patsy McHugh





Colm McLoughlin Fr. Joe McMahon



Joe McMahon



Mary Phil McMahon



Mary Rose McMahon



Niall McMahon



Padraig (Corky) McMahon



Seamus McMahon



Frances McNamara





Jane McNamara Mary McNamara Patsy McNamara





Maureen McVeigh Maureen Michna





Kathryn (Ina) Moore



Sheila Moroney



Davy Murphy



Mary Murphy Jordan



Margaret Murphy



Sean Murphy



Paddy Nevin



Michael Neylon



Patrick Nolan



Fr. Cletus Noone



Noel Normoyle



Seán O'Boyle



Bernard O'Brien



Eileen O'Brien







Michael John O'Brien



Angela O'Connell



Sr. Mary O'Connell



Tom O'Connell



Tony O'Connell



John O'Dea



Patricia O'Donnell Ann O'Donoghue Willie O'Donoghue







Cyril O'Dowd





P.J. O'Driscoll Br. Seán Ó Dúgáin Mary O'Gorman Gabrielle O'Grady







Mary O'Halloran



Mary O'Looney



Fr. Michael O'Loughlin



Laurence O'Loughlin



Monica O'Loughlin Noel O'Loughlin Patrice O'Loughlin







Breeda O'Neill



Phil O'Regan



Maeve O'Sullivan Gráinne Pendred





Anne Quinn



Ben Quinn



Joe Reidy



Liam Roche



Maurice Ruane





Baby Harry Greg Ryan



Frances Ryan



Marie Ryan



Maureen Ryan



Fr. Seán Sexton



Bridie Shannon



Ann Slattery



Monica Sullivan



Martin Tierney



Catherine Tobin



Kathleen Torpey



Hilda Tuohy



Kitty Tuohy



Olivia Tuohy



Allanah Walsh



Bishop Willie Walsh



Declan Ward



Dylan White



Dickie Wilson



Anne Loftus

Extract from Journey of a Soul by St. John XX111

Death is part of the future for everyone.

It is the last post of life and the reveille of the next.

Death is the end of our present life,

It is parting from our loved ones,

It is setting out into the unknown.

We overcame death by accepting it as the will of a loving God,

By finding him in it.

Death like birth, is only a transformation, another birth.

When we all die we shall change our state, that is all,

And in faith in God, it is easy and natural

as going to sleep here and waking up there.

Grief Companions

St. Joseph, the earthly father of Jesus experienced profound sorrow and grief, during the flight into Egypt (fearing for his family's safety) and the loss of the child Jesus for three days in Jerusalem. His grief was interweaved with his deep love and responsibility as a protector and father.

Mary, Gods mother shared and carried grief in her life.
Our faith on 15th September each year celebrates Our Lady of Sorrows, honouring the seven sorrows of Mary's life.

- The prophecy of sinners
 - The flight int Egypt
- The loss of the Child Jesus
- Meeting Jesus on the way to Calvary
 - The crucifixion and death of Jesus
- Jesus taken down from the Cross (Pieta)
 - The burial of Jesus

Having stood at the foot of the cross, she understands the depth of human suffering and loss.

Suggestions for people who have been Bereaved

- Know you can survive. You may not think so, but you can.
- Struggle with "why" it happened until you no longer need to know "why" or until you are satisfied with partial answers.
- Know that you may feel overwhelmed by the intensity of your feelings but all your feelings are normal.
- Anger, guilt, confusion and forgetfulness are common responses. You are not crazy; you are in mourning.
- Be aware you may feel appropriate anger at the person, at the world, at God, at yourself. It is OK to express it.
- You may feel guilty for what you think you did or did not do. Guilt can turn into regret through forgiveness.
- Having suicidal thoughts is common. It does not mean that you will act on these feelings.
- Remember to take one moment or one day at a time.
- Find a good listener with whom to share. Call someone if you need to talk.
- Don't be afraid to cry. Tears are healing.
- Give yourself time to heal.
- Try to put off major decisions.
- Expect setbacks. Emotions can return like a tidal wave you may only be experiencing a remnant of grief, or an unfinished piece.
- Give yourself permission to get professional help.
- Be aware of the pain of family and friends.
- Be patient with yourself and with others who may not understand.
- Set your own limits and learn to say no.
- Steer clear of people who want to tell you what or how to feel.
- Knowing that there are groups that can be helpful such as Samaritans freephone number is 116 123 day and night.
- Call on your personal faith to help you through.
- It is common to experience physical reactions to your grief e.g. headaches, loss of appetite, inability to sleep.
- The willingness to laugh with others and at yourself is healing.
- Wear out your questions, anger, guilt or other feelings until you can let them go. Letting go doesn't mean forgetting.
- Know that you will never be the same again, but you can survive and even go beyond just surviving.
- Be kind and gentle with yourself.

No Crusader

We need to care for our intellectual and spiritual welfare. By this I am thinking of the need to continue to nourish ourselves with prayer and reading as we grow older. I was never a great reader and I am conscious of that deficiency. I have always been more at home with either physical activity or listening and talking to people. Good spiritual reading helps the prayer life. We will have different tastes in reading, and different writers will appeal at different times, but I think this kind of reading helps both our minds and souls – even if we tend to fall asleep with the book in our hands!

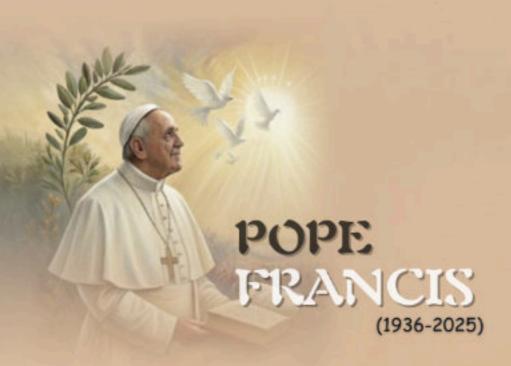
Our body, mind and spirit, our very lives are a gift from God. I believe it is important that we appreciate these gifts, take care of them, nourish them and bring them to full fruit insofar as we are capable of doing so. I like what the Dominican Timothy Radcliffe says: "We grow old well when we let God's grace work within us as a perpetual renewal, childlike to the end."

I have a strong conviction that as we grow older, the God whom many of us were taught to fear in our earlier years has become a God who is kind, compassionate, and loving.

It is against that belief that I lay aside any regrets, ask forgiveness for my failures and happily leave my future in God's hands.



Commemoration of the Faithful Departed ENNIS PARISH



Remembering our Loved Ones who have died.

